STUDENT HANDBOOK





2020-2021











"If we wonder often, the gift of knowledge will come."

- Arapaho

Revised by Roxann Shapwaykeesic and Nicole Bell August 13, 2020

Student Handbook 2020-2021



106 Centennial Square, 2nd Floor, Thunder Bay, Ontario P7E 1H3

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Website: <u>www.oshki-wenjack.ca</u>

Office Hours: Monday to Friday - 9:00 A.M. to 5:00 P.M. ** Closed on Holidays**

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A Message from the Executive Director



Boo Shoo! Wacheeye! Welcome to the Oshki-Pimache-O-Win: The Wenjack Education Institute, a place where you will learn in a culturally friendly and supportive setting! This place of learning was created by our visionary leaders, educators and elders for you and others who desire learning culturally relevant knowledge and skills for your home, workplace and community.

We are here to make your educational journey a meaningful and successful experience. A variety of student support services are available to you as an OSHKI-WENJACK student to help you successfully complete the rigorous academic requirements of your chosen program of study. The services are designed to help you overcome any difficulties that may occur and can affect your ability to keep up with your studies whether you are studying on-campus in Thunder Bay or in the comfort of your home.

Please, don't hesitate to reach out. Talk to your Instructor, Program Coordinator or a Student Support Officer if you have any questions, need advice or guidance...or to just to talk to someone. Time will fly. Before you know it, you will be walking across the podium receiving your hard earned and well-deserved postsecondary credential.

On behalf of the Governing Council, Management, Staff and Faculty, I wish you success in the coming year! Education will lead to new beginnings for you, your family and community!

We wish you a successful 2020-2021 academic year!

Sincerely,

Lorrie Deschamps, Executive Director

Staff Directory:					
NAME	POSITION	EMAIL	PHONE		
Lorrie Deschamps	Executive Director	ldeschamps@oshki.ca	807-626-1894		
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	Indigenous Humanities Program Coordinator	@oshki.ca	807-626-1893		
Carrie Peterson	Student Success Administrative Assistant	carrie.peterson@oshki.ca	807-626-1887		
Dorothy Roberts	Business Program Coordinator	droberts@oshki.ca	807-626-1888		
	Health Disciplines Program Coordinator	@oshki.ca	807-626-1874		
Sean Mulligan	Police Foundations Program Coordinator	sean.mulligan@oshki.ca	807-626-1873		
Anthony Santelli	University Program Coordinator	anthony.santelli@oshki.ca	807-626-1875		

WELCOME TO OSHKI-PIMACHE-O-WIN: THE WENJACK EDUCATION INSTITUTE

MISSION STATEMENT:

To achieve excellence as a leader in the innovative design and delivery of quality postsecondary and training programs which meet the holistic educational needs of Nishnawbe Aski Nation and other learners in a safe, inclusive, supportive and culturally enriched learning environment.

GUIDELINES & PRINCIPLES:

Student achievement will be based on output measures of demonstrated acquisition of skills and abilities on standard equivalent to or exceeding those found in mainstream institutions.

All actions of and by the institute, including administration and program delivery, will be carried out in an environmentally responsible manner demonstrating respect for Mother Earth.

We shall value and respect the input of students, staff, and communities and use that input to improve our ability to meet the needs of our learners.

We shall incorporate and integrate our culture and our languages throughout the programs and services we offer.

Our institute will respect and value differences among our staff, learners and partners.

The planning and delivery of our programs and services will be student focused and designed to facilitate excellence in learning for every student.

We offer programs and services for learners of all ages and educational backgrounds with the objective of enhancing their personal growth and wellness.

We will be proactive in program design and delivery and will make opportunities to create changes that will enhance this guidance.

We will act in a manner that respects our students, our staff, our partners and ensures a win-win outcome.

Empowerment of our students, our staff, and our communities is to be an outcome of our programs and services.

Seven Grandfather Teachings:

LOVE—WISDOM—HUMILITY—BRAVERY—RESPECT—HONESTY—TRUTH

A NEW BEGINNING:

While Off Campus

STUDENT SUCCESS INITIATIVE:

OSHKI-WENJACK's goal is to ensure that the support given to you and every student for success. The level of support may vary and can include student success sessions such as:

- ✓ Study Skills
- ✓ Test Taking
- ✓ Studying for Exams
- ✓ Self-Care
- ✓ Time Management
- ✓ Scheduling and Organizing

Other very important areas of support include transition, career development, advocacy, individual counseling and/or referral service. If you have any questions about student services offered, please see your Student Support Officers.

Coordinated services include peer tutoring that allows students to learn from others who have walked a similar path. There is also access to an Elder through the Elder-on-Campus Program to ensure a balance of support. The Student Support Officers work closely with the students, constantly providing support, direction, and motivation.

ORIENTATION:

This year begins with an intensive four day orientation for new students. The Student Orientation Workshops are mandatory and will introduce you to the new way of doing things and show you all the online things you will need to know and provide tools for success while studying at OSHKI-WENJACK. You will learn inside tips from students, faculty, and staff who will serve as your guides through your studies.

During our Online Orientation, you will:

- ✓ Meet other new students
- ✓ Attend presentations/workshops and academic success
- ✓ Work with your Program Coordinator to complete registration process
- ✓ And Much More!

Attending the online Student Orientation is your most effective step towards getting your questions answered. We are here to help you!

Check out our Facebook page! www.facebook.com/oshkianewbeginning and join our Oshki-Pimache-O-Win Student Support Group (www.facebook.com/groups/421854491195818) where you can ask questions to either the Student Support Officers or just ask each other questions about class and assignment while off-campus! This is also where schedules, bursaries, awards, scholarships and events will be posted.

STUDENTS ROLE & RESPONSIBILITIES

(Taken from Cambrian- Charter of Students' Rights & Responsibilities, Sault College- Student Code of Conduct and Confederation College - Students' Rights & Responsibilities)

- 1. Follow college procedures for registration deadlines, course and/or program registration changes, and course or program withdrawals dates as outlined in the Student Handbooks.
- 2. Students are expected to arrive to class on time and remain for the duration of scheduled classes and activities
- 3. Respect the faculty's right to formulate and enforce attendance policies.
- 4. Respect the faculty member's right to determine course content, methodology and evaluation within the guidelines set by the academic department
- 5. Respect the faculty member's right to set deadlines for assigned work, to expect assignments to be submitted at the time specified, and to establish penalties for failure to comply with deadlines. It is the student's responsibility to ensure that all assignments are given directly to the teacher unless it has been specified otherwise in a particular instance.
- 6. Submit work that is your own. It is the student's obligation to know what plagiarism and other forms of cheating are and their consequences. Plagiarism is serious, citing your source properly is vital.
- 7. Write tests and final examinations at the times scheduled by faculty or the college.
- 8. Assume responsibility for classes missed. Teachers' are not obliged to provide for missed tests, laboratories or examinations, and students must be prepared to forfeit marks allocated to such work during their absence.
 - If any unexpected emergencies arise, it is your responsibility to contact the appropriate faculty and make any necessary arrangements.
- 9. Respect the professor's right to expect decorum and appropriate behavior in classroom labs, shops, field placement etc.
- 10. Refrain from the use of drugs or alcohol on and off campus.
- **For further information on your Rights & Responsibilities please refer to partnering College/University handbook.

Sault College – Student Code of Conduct and Appeals Guide: https://www.saultcollege.ca/AboutUs/PDF/Policies/Code%20of%20Conduct%20and%20Appeals.pdf

Confederation College – Academic Policies http://www.confederationc.on.ca/academic-policies

Canadore College – Policies and Procedures https://www.canadorecollege.ca/about/policies

Nipissing University – Code of Student Rights and Responsibilities https://www.nipissingu.ca/departments/student-development-and-services/student-rights-responsibilities

Brock University – Student Code of Conduct https://brocku.ca/student-life/wp-content/uploads/sites/34/Student-Code-of-Conduct.pdf

PLAGIARISM:

Plagiarism is defined as the misrepresentation of another's writings, creative work or other forms of creative expression, including electronic versions as one's own. Plagiarism is a violation of Oshki-Pimache-O-Win Publications Policy and Code of Ethics. Plagiarism may also represent copyright infringement. Plagiarism manifests itself in a variety of forms, including:

- verbatim copying, near-verbatim copying, or intentionally paraphrasing portions of another's work;
- copying elements of another's work, such as equations, tables, charts, illustrations, presentation, or photographs that are not common knowledge, or copying or intentionally paraphrasing sentences without proper or complete source citation;
- verbatim copying of portions of another's work with incorrect source citation

HELPFUL TIPS FOR YOU...

SOME HEALTH TIPS:

- ✓ If you are feeling tired, don't turn to high-sugar snacks. The energy boost they give you is short-lived. Try
 a brisk walk instead.
- ✓ Make sure you get enough sleep. When you are sleep-deprived, your immune system doesn't function as well.
- ✓ Tips **to avoid Insomnia** 1. Go to bed at a regular time 2. Retinal (eyes) Stimulation 3. Don't eat 3hours before bedtime 4. Avoid bright lights if you wake in the middle of the night 5. Avoid taking naps close to bed time.
- ✓ A **little bit of pressure** can be a good thing, but too much stress is harmful. Don't be afraid to ask someone close to you for help
- Despite all the boosters and cold medicines, one of the best things you can do to stave off a cold is to wash your hands often
- ✓ Drink water throughout the day.
- ✓ Some **Benefits of Drinking Water** 1. Help you lose weight 2. Better productivity at work and schools 3. Better exercise 4. Relieves Fatigue 5. Less cramps and sprains 6. Less likely to get sick and fell healthy.
- ✓ Avoid substance abuse. Alcohol and drugs only provide temporary relief, but will most likely increase your stress levels and cause you problems in the long run.

STUDY TIPS:

- ✓ Reading a variety of subjects will improve your performance in EVERY course! Choose books that are interesting; reading should be fun!
- ✓ Plan to start your assignments the day they're assigned, not the day they're due. Less stress and better marks!
- ✓ Study and review your **notes regularly.**
- ✓ **Form a study group**. It's often more productive to work or study with others, especially as a final review or a reinforcement to personal studying.
- ✓ Use your planner to schedule your assignments, so you don't end up leaving big projects until the last minute.
- ✓ Find out what kind of learner you are and decide what you can do to capitalize on your strengths. "Study smarter, not harder."
- ✓ Always **ask someone else to proofread** your work; others will often see mistakes that you miss.
- ✓ Manage your time. Mastering time management is key to making you feel less stressed.
- ✓ blocks of study time and breaks; dedicated study spaces; weekly review of notes; prioritize your assignments; create 'to do' list.

OTHER TIPS:

- ✓ **Utilize spiritual resources**. This may include praying, meditating or any other spiritual activity.
- ✓ Let it all out. **Talk and share** your concerns with others. It can help you gain perspective and prevent serious effects of stress later.
- ✓ Set Limits. **It's okay to say 'NO'**. Identify what your responsibilities and actions are, and then accept and assert your limitations.

STUDENT SERVICES

PEER TUTORING SERVICES:

OSHKI-WENJACK's Peer Tutoring Service gives students who are receiving high grades the opportunity to assist their fellow students. Peer tutoring gives students valuable work experience and training they can use later in their career.

TUTORING SERVICES:

Students who need assistance with a particular subject should talk to their instructors to pinpoint the areas of need. If needed, they will be referred to the Student Support Officers for assistance in obtaining a tutor.

ELDERS PROGRAM:

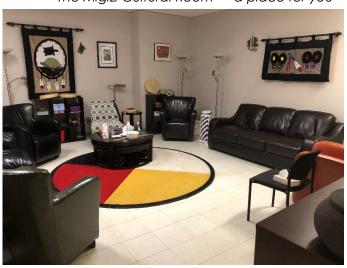
OSHKI-WENJACK recognizes the importance of providing students with every opportunity to be successful in both their personal and professional careers. With the input of students, faculty and staff, the Elder-On-Campus Program was created.

Services provided by the elder include:

- ✓ Counselling and referral
- ✓ Cultural awareness
- ✓ Traditional teachings
- ✓ Opening and closing prayers
- ✓ Circle ceremonies
- ✓ Aboriginal drumming and singing
- ✓ Supplementary teaching relevant to curriculum
- ✓ Incorporation of Indigenous knowledge

"The Migizi Cultural Room" – a place for you

***The Elder may be requested by a student or member of faculty through the Student Support Officer.



COMPUTERS & NETWORKS

Students, faculty, and staff may access the computers in the computer lab using a computer lab user ID and password. The user ID and password are generally posted within the computer lab, but if you need assistance please visit reception.

The computer lab has twenty-five student computer workstations and one instructor computer workstation. All computers are equipped with the Microsoft Windows operating system and Microsoft Office productivity software. A printer and scanner are also available for student and instructor use. Students can borrow an OSHKI-WENJACK laptop for on-campus use when studying in class. To sign out an OSHKI-WENJACK laptop, please visit reception. Students that bring their own computer laptops on campus to complete their work do so at their own risk. Use of security cables are recommended in order to secure laptops when not in use. Laptop use is not permitted when classes are in session.

NETWORK & SYSTEM ACCOUNTS:

ABOUT ACCOUNTS: In order to use computing facilities and services on campus you must log in with a valid network User ID and password.

GETTING YOUR NETWORK USER ID AND PASSWORD: Network account credentials (i.e., User ID and password) are created by the systems administrator when, new students are registered, or when new faculty and staff are hired. You will receive your network User ID and password including other User ID's (see below) during your initial orientation and training. Your network User ID will be the same on all OSHKI-WENJACK systems you use (with the exception of Adobe Connect). It is automatically generated from a combination of the first letter of your first name and full last name (e.g., Jane Doe = jdoe). Your network password will be assigned by the systems administrator.

OBTAINING AN EMAIL ACCOUNT: A new email account is created with all new registered students. Your email address will be generated and setup as your firstname.lastname@oshki.ca (e.g., john.doe@oshki.ca) **OSHKI-WENJACK email is our main way of contacting each other, Please check daily**

OBTAINING AN CONTACT NORTH ID: Contact North (Oshki-Wenjack Virtual Classroom) is the web conferencing system used for delivering OSHKI-WENJACK classes over the Internet when students are off campus in their home communities. You must download and install Adobe Connect Software to use Contact North. It provides a platform for students to interact with their instructors and classmates using an Internet connected computer or tablet and headset. A Contact North account is created by Oshki Pimache O Win when new students are registered and when new instructors are hired.

Your Contact North ID and password will be sent to your OSHKI-WENJACK email account.

OBTAINING A BRIGHTSPACE ID: Brightspace (Oshki-Wenjack Virtual Campus) is a student portal you can use to view your progress in your courses, submit assignments and take quizzes. Your Brightspace ID and password will be sent to your OSHKI-WENJACK email account.

Oshki-Wenjack Student Portals and Online Resources

Virtual Classroom

CONTACT ORTH Online Learning Apprentissage en ligne

Contact North is a web conferencing site that allows you to participate in online classrooms from home. Classes are delivered here (e-learning) with your instructors. You must also download and install *Adobe Connect* software to view your virtual classes.

LOGIN: firstname.lastname@oshki.ca 24/7 Technical support: 1-888-850-4628

Virtual Campus

D2L Brightspace

Brightspace is a virtual office where you can find your course outlines, schedules, grades, quizzes, submit assignments and check your progress in your program.

Check this portal regularly for system updates.

LOGIN: firstname.lastname@oshki.ca

Support: support@oshki.ca

Online Learning/ Student Portals at Oshki-Wenjack

Oshki Email and Website

Oshki-Wenjack uses email as a main communication tool with students. The Oshki-Wenjack website (www.oshki-wenjack.ca) offers a portal to log into your email. You can also log into your email via Outlook.com

LOGIN: firstname.lastname@oshki.ca

Partner College Student Portal

Students can pay tuition, register for courses and check final grades on their partner college portals. Check your partner college website for your portal. You will need your student number in most cases. Partner college bursaries are also available on these websites.

Oshki-Wenjack Student Support Facebook Group

Students are encouraged to join our student support page on Facebook. www.facebook.com/groups/ 421854491195818/ (search "Oshki Student Support")



Keep your passwords in one place, written down where you can easily find them.

FREQUENTLY ASKED QUESTIONS

WHERE CAN I ACCESS AND USE COMPUTERS ON CAMPUS?

- ✓ In the classroom (need permission from the instructor).
- ✓ In the computer lab

HOW DO I START UP AND LOGIN TO A COMPUTER ON CAMPUS?

- ✓ Start the computer.
- ✓ Wait for the login screen or press CTRL-ALT-DEL keys to display it.
- ✓ Enter your User ID (or use the computer lab User ID)
- ✓ Enter your password (or use the computer lab password)

I CAN'T LOGIN TO A COMPUTER ON CAMPUS.

✓ Check that you typed-in your correct User ID and password. All passwords will start with a capital letter. If in doubt, contact the front desk.

HOW CAN I PRINT ON CAMPUS?

- ✓ Please bring your own paper to use on campus. If you need paper, printing, or copying done, there is a nominal fee of 10 cents per page.
- ✓ In the computer lab, all lab computers print to the lab printer.
- ✓ If your document is saved on your laptop then you need to save the document to a USB memory stick, plug it into a lab computer, and open and print your document

WHAT IS THE USER ID AND PASSWORD FOR ACCESSING THE COMPUTERS IN THE COMPUTER LAB?

✓ The User ID and password for lab computers are posted on the white board inside the computer lab.

WHAT IS THE USER ID AND PASSWORD FOR ACCESSING OSHKI-WENJACK LAPTOPS

 \checkmark The User ID and password for laptops are the same as the computer lab.

I FORGOT MY USER ID AND PASSWORD

- ✓ For NETWORK and EMAIL:
- ✓ Your network User ID is the first name and last name with a period between them (e.g., Jane Doe = jane.doe)
- ✓ Your network User ID is case sensitive.
- ✓ Your network password is confidential and cannot be changed. Your network password will always
 start with an upper-case letter

For ADOBE CONNECT:

✓ Your Adobe Connect ID will be provided. Your Adobe Connect password is assigned by Contact North.

For BRIGHTSPACE:

✓ Your BRIGHTSPACE ID will be provided.

FINANCIAL AID



NORTHERN NISHNAWBE EDUCATION COUNCIL 270 Windsor Street, 2nd Floor

Thunder Bay, Ontario



Phone: 807-475-5225

MATAWA 200 Lillie Street Thunder Bay, Ontario

Phone: 807-344-4575 Toll Free: 1-888-283-9747



KIIKENOMAGA KIKENJIGEWEN EMPLOYMENT AND

TRAINING SERVICES (KKETS)

Suite 300, 3rd Floor 28 Cumberland Street Thunder Bay Ontario

Phone: 807-768-4477 Toll Free: 1-888-688-4652



SEVEN GENERATION EDUCATION INSTITUTE

409 George Street Thunder Bay Ontario

Phone: 807-622-1711



MOOSE CREE EDUCATION AUTHORITY

Moose Factory Ontario

Phone: 705-658-4726



ONTARIO STUDENT ASSISTANCE PROGRAM
Please refer to your prospective college/university

student handbook

 $\underline{\text{https://www.ontario.ca/page/osap-ontario-student-assistance-}}$

program

You may also ask your First Nation or Employer for information on financial support if you do not fall into any of these categories or go see the Student Support Officers for any other options.

BURSARIES, AWARDS AND SCHOLARSHIPS

INTERNAL:

Each partnering college and university has a list of bursaries, awards, and scholarships that are available to you. Log-in with your student ID and password for access. Check out the links provided and see what is available for you.

**Please check the websites regularly as new scholarships, bursaries, and awards are posted throughout the year.



Sault College

https://www.saultcollege.ca/FinancialAssistance/index.asp



Canadore College

https://www.canadorecollege.ca/support/money



Confederation College

https://www.confederationcollege.ca/financialaid/scholarships-bursaries-awards-financial-aid



BROCK UNIVERSITY

https://brocku.ca/safa/awards-and-bursaries/



NIPISSING UNIVERSITY

https://www.nipissingu.ca/scholarships-bursaries-awards



Oshki-Wenjack Student Bursary
November and March Annually

EXTERNAL:

There also many External Bursaries, Awards and Scholarships out there! You can search

for them on-line, but here some links and a few you can look into. Please remember to see the eligibility requirements.

Indspire:

Post-Secondary Education – February 1st, August 1st and November 1st Annually Find out more: http://indspire.ca/programs/students/bursaries-scholarships/

Canada Post – Aboriginal Education Incentive Awards:

Available in October

http://www.canadapost.ca/cpo/mc/aboutus/community/aboriginaleducation/default.jsf

Neechie Gear Bursary Awards:

Deadline TBA

https://www.neechiegear.com/pages/neechie-gear-bursaries

Dreamcatcher Foundation – Education Support:

http://www.dcfund.ca/index.php?id=education-support

Other Websites to look into for more great opportunities:

METIS NATION <u>www.metisnation.org</u>

SCHOLARSHIP CANADA https://www.scholarshipscanada.com/

ABORIGINAL CANADA PORTAL http://digitalaboriginals.ca/acp/site.nsf/en/funding.html
STUDENT AWARDS http://www.studentawards.com/

WHAT STUDENTS NEED TO KNOW!

REGISTRATION:

Registration dates vary from college to college. It is important to meet the deadline for registration **each** semester to ensure that you will receive your credits. Proper registration is important because you need to be sure you are registered for the classes you will be taking and whether or not you meet the graduation requirements. Your program coordinator will help.

WITHDRAWAL:

Withdrawal dates vary from college to college. It is important to make note when withdrawal dates are set. Failure to follow proper procedures may result in penalties in your academic records. For further questions, feel free to ask your Program Coordinator or the Student Support Officers.

BOOKS:

All required books for courses are pre-ordered and will be distributed on the first day of class for each semester. With everything being a 100 % online books will be mailed out to Students need to make payment in full before receiving the books. Students who have a sponsor are asked to sign the books to receive them. Books can be paid for via cash, EMT or cheque.

HEADPHONES:

As part of required course materials for your ongoing learning, headphones are included with your books. Should something happen to your headphones (breaks, lost, etc.), then you will be charged for second pair of headphones. Taking care of your headphones is your responsibility.

While On Campus

LOCKERS

Lockers are located across from the Niska Room. Students can obtain a locker through the Student Support Officers. Remember, there are only a limited amount of lockers available and they are given out on a first come, first serve basis.

At the end of each on-campus session, students must remove all belongings from the locker and leave the padlocks at the locker. If there are summer classes and you want to keep your locker, you must re-register with the Student Support Officers before May. You are NOT to remove the padlocks at any time as they are numbered along with the locker.

Should a student withdraw at any time, the lockers must be vacated and the lock returned.

Anything left in the lock will be considered abandoned and discarded without further communication to the student.

LAPTOPS:

There are laptops available for loan. It's based on first come first serve basis for a 3-day loan only while you are on campus. Please go see reception to sign out.

USB STICKS:

At the beginning of each year, OSHKI-WENJACK provides one USB stick to all new students as part of an incentive. Should you require a second one, they are available for \$5.00 each. Please see your Student Support Officers if you want an extra one.

STORAGE SOLUTIONS:

Students can also create a GMAIL, GOOGLE DRIVE, DROPBOX or iCLOUD account and use these free online storage options.

DOOR CODE: While on Campus

Each student is given a door code and signs a form not to give it out to anyone. This security system is for safety reasons while you are here attending classes after hours. You are NOT to give out the door code to anyone.

ROOMS:

We have ten rooms that we use as classrooms and a cultural room. Rooms are named as follows:

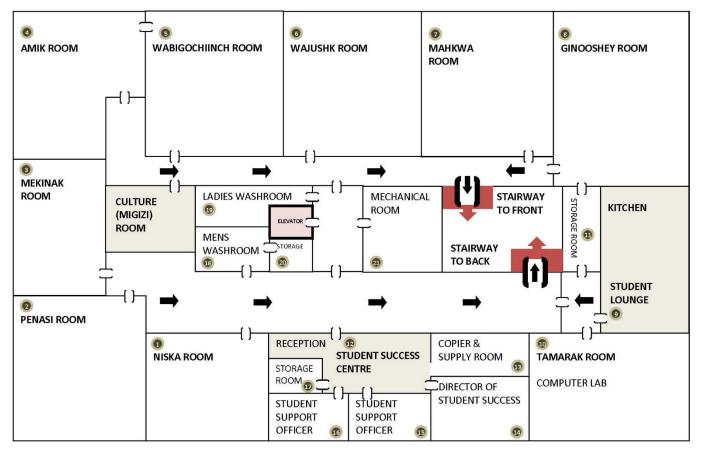
Mahkwa Room
Amik Room
Tamarack Room (Computer Lab)
Migizi Room (Cultural Room)
Ginooshkey Room
Mahingen Room (2nd Floor)

Niska Room Penasi Room Mekinak Room Wajushk Room Wabigochiinch Room

EMERGENCIES:

In the event of an emergency on-campus, please follow the posted floor plans located throughout campus for safe evacuation procedures.

EMERGENCY EXIT 3RD FLOOR PLAN



USE OF PERSONAL ELECTRONIC DEVICES:

The use of communication/electronic devices (including cell phones) during class, exams and field placement is prohibited unless authorized by faculty or the Program Coordinator. Use of Rumie Tablets are for academic purposes only with permission from faculty.

ALCOHOL/RESTRICTED SUBSTANCES:

Students shall not be under the influence nor possess, consume, or aid in the consumption of alcoholic beverages or restricted substances including marijuana on OSHKI-WENJACK property. Any violation may result in criminal charges, removal from the premises and possibly from the program.

WEAPONS:

Students shall not possess on campus any weapons or anything that is intended to be used as a weapon, whether or not designed for that purpose. Weapons include, but are not limited to: firearms, explosives (including fireworks) and dangerous chemicals.

SCENT FREE ENVIRONMENT:

This is a scent free environment. Please refrain using scented products such as perfume, cologne and/or heavily scented laundry detergents as some people are allergic to scents.

PARKING:

For \$5/day or 1.00/hour, students can park at the Parkade located at Victoriaville at the corner of Donald and Syndicate. Payment is made on the first level upon exiting.

There is metered parking surrounding Centennial Square as well.

Parking passes are available for students at Reception. You sign one out on the day of class and return at the end of each day. Due to limited passes, the parking passes are available on a first come first serve basis.

KITCHEN:

We have a kitchen for student use on campus. Feel free to bring lunches or cook meals during class breaks. The kitchen is a shared place for all staff and students. Please clean up after yourselves and put all dirty dishes in the dishwasher leaving the sink empty at all times. Remember to empty the kitchen refrigerators and cupboards on the last day of each on-campus session.

RECYCLING:

Let's respect mother earth and limit the garbage we throw out. As you will notice, OSHKI-WENJACK has placed a blue recycling container beside each garbage can throughout campus. Please use them. It's easy just follow these three easy steps:

- 1. **Paper Products** Newspapers, Flyers, Junk Mail, Magazines, Soft Cover Books, Fine Paper, Paper Egg Cartons, etc.
- 2. Cardboard Cereal Boxes, Shoe Boxes, Delivery Boxes, etc.
- 3. **Containers** Pop Cans, Milk Cartons, Juice Boxes, Metal Cans, Glass Bottles & Jars, Plastic Bottles #1 & #2 with long necks and twist off tops i.e. drink bottles, soap bottles, etc.

For more information on how to recycle, look at Thunder Bay's Green Guide on the city's website: https://www.thunderbay.ca/en/city-hall/resources/Documents/Our-Green-Guide-Spring-2017.pdf

CITY TRANSIT:

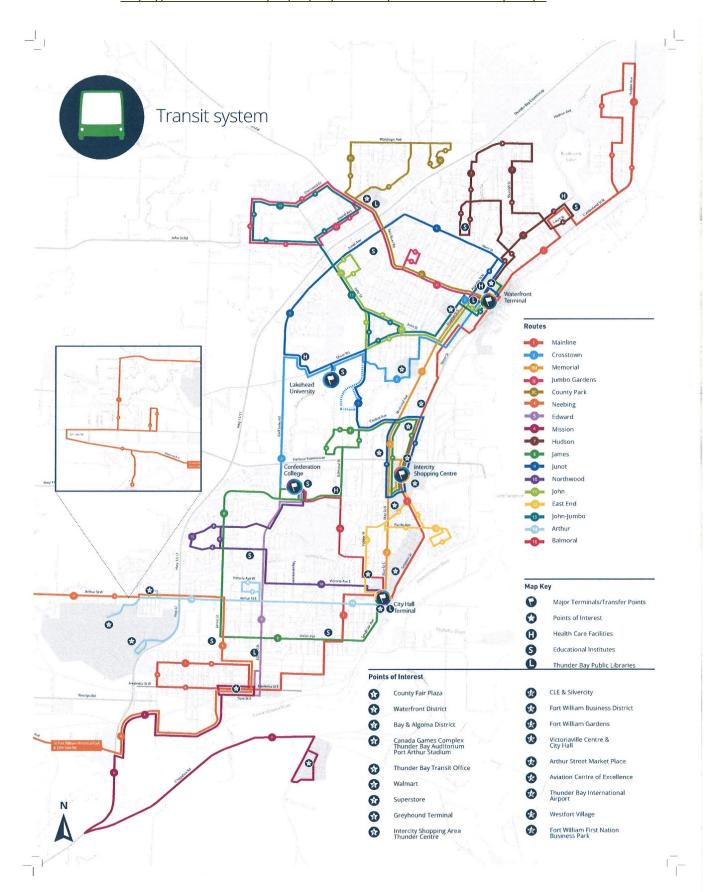
Trip planning features include pocket schedules, NextLift.ca, and GoogleMaps. Stop times are available by phone at 684-3744.

Cash	\$3.00
10 tickets	\$25.00
Adult monthly pass	\$77.50
Discount monthly pass	\$66

CITY OF THUNDER BAY PUBLIC TRANSIT BUS ROUTES

You may also down load your own map and routes for Thunder Bay City Transit at:

https://www.thunderbay.ca/en/city-services/schedules-and-maps.aspx



WHERE TO STAY...

Students who wish to stay with family in Thunder Bay should consider the following:

- ✓ Is there a place for me to quietly study at night uninterrupted?
- ✓ Is there enough room for me in the house, are the occupants stable?
- ✓ Is there an Internet connection, desk or table to do research for my projects?

Although it is great to stay with family, some students have found it difficult to find the space to study and complete assignments.

If you are looking to stay in a hotel, you will want to consider conveniences for travel in the city, restaurants, shopping for needs, and comforts in the hotel during the on-campus session. When you are reserving at a hotel room in Thunder Bay, please remember to ask if they have special rates for Oshki-Pimache-O-Win: The Wenjack Education Institute.

Some hotels are:

Victoria Inn, Arthur Street West - 577-8481 Travelodge, Memorial Avenue - 345-2343 Travelodge Airlane, Arthur Street West 473-1600 Econolodge, Memorial Avenue - 344-6688 Days Inn by Wyndham, Sibley Drive - 622-3297 Kingsway Inn, Kingsway Ave - 623-1223 Airbnb is another option for shortterm rentals and can be more affordable than hotel stays. www.airbnb.ca

Facebook Marketplace or Kijiji also have sections for short-term rentals.

Confederation

Sibley Hall residences at Confederation College are available in 2 week blocks to all Oshki-Wenjack Students and Programs.

Single room with ensuite washroom: \$425 + \$75 security deposit Single room with shared washroom: \$275 + \$75 security deposit

Payment is due before check-in.

Please email: info@confederationresidence.ca for more details or to book your stay.

CHILDCARE:

OSHKI-WENJACK **does not** provide childcare services on campus. Please speak with your Coordinator for children 1 year and under being on campus while studying. Children over the age of 1 year must be cared for outside of campus for safety reasons. Please see the resources below when searching for childcare.

You can register your child on the "The District of Thunder Bay Child Care Registry" site: https://www.tbdssab.ca/child-care-services/ (follow the links) There is no guarantee for space availability, but you will have your name on the list and will be notified on the first space available at the chosen day care.

Another option is to search or post to Facebook groups for home childcare providers. Links to local childcare groups:

https://www.facebook.com/groups/tbaychildcarelocator/

https://www.facebook.com/groups/684083568393174/

https://www.facebook.com/groups/1631233400459233/

You can search 211 for further resources:

https://211ontario.ca/211-topics/family-services/child-care/

PLEASE REMEMBER THAT
YOU WILL NEED TO ADJUST
YOUR BUDGET
ACCORDINGLY FOR
DAYCARE COSTS.

EMERGENCY CONTACT INFORMATION

CONTACTS:

Thunder Bay Police Non-Emergency Reporting	807-684-1200
HELP LINES:	
Ambulance, Fire, Police Poison Control Nishnawbe-Aski Police Assaulted Women's Helpline - Beendigen Problem Gambling Helpline Sexual Assault Sexual Abuse Tele-Health Ontario (24hrs) Victim Support Line NAN Legal Services Corporation Information on Community programs and services	911 1-800-268-9017 1-800-654-6277 807-622-5101 807-684-5100 807-345-0894 1-888-797-0000 1-888-579-2888 807-622-1413 211
LOST IDENTIFICATION:	
Birth/Marriage/Death Certificate – Service Ontario Health Cards – 435 James St. Thunder Bay S.I.N. Cards – 975 Alloy Dr. Thunder Bay Service Canada – Alloy Dr Driver's License – 400 Balmoral Place Status Cards – Fort William FN, 100 Anemki Dr	1-800-461-2156 1-800-267-8097 1-800-622-6232 807-346-2000 807-626-8166 807-624-3534

**PLEASE BRING TWO PIECES OF IDENTIFICATION,
ONE OF WHICH MUST HAVE A PHOTO**

WALK-IN CLINICS

ALGOMA PLACE HEALTH CENTRE WALK-IN CLINIC 153 Algoma Street South, Rear Suite Monday to Wednesday – 3:00 P.M. – 7:00 P.M.	807-345-5020
DAWSON HEIGHTS MEDICAL CLINIC 109 Regina Avenue, Suite 109 Monday to Thursday 12:00 P.M. – 8:00 P.M. Friday – 12:00 P.M. – 4:00 P.M. Saturday – 10:00 A.M. – 1:00 P.M.	807-344-0105
DILICO ARCHIBALD STREET SITE 131 Archibald Street North Friday – 1:00 P.M. – 4:00 P.M. GOOD DOCTORS CLINIC toll free 888-600-4149 1040 Oliver Road	807-623-8511
Monday to Friday – 9:00 A.M. – 5:00 P.M.	807-700-0395
Limbrick Outreach Urgent Care Clinic Unit 97K Limbrick St Thunder Bay, On P7C4S8 Wednesday 1:30-4:00pm	
NORTHWEST WALK-IN CLINIC 1265 Arthur Street East, Suite 100 Monday, Tuesday, & Thursday – 1:00 P.M. – 4:30 P.M.	807-623-7101
NORWEST COMMUNITY HEALTH CENTRE 525 Simpson Street Monday to Thursday – 4:30 P.M. – 8:00 P.M. Friday – 1:00 P.M – 4:00 P.M.	807-622-8235
Oak Medical Arts- Academy Medical Center Pharmacy And Walk In Clinic 554 Beverely St Thunder Bay, On P7B5V2 Mon,Tues,Thurs 9am-8pm Wed 9-12, 5-8pm Friday 9-1pm	807-344-4540
RED RIVER WALK-IN CLINIC 901 Red River Road Monday – 12:00 P.M. – 8:00 P.M. Tuesday to Thursday – 1:00 P.M. – 8:00 P.M. Friday – 12:00 P.M. – 3:00 P.M. Saturday – 10:00 A.M. – 1:00 P.M.	NO PHONE
REGIONAL MEDICAL WALK-IN CLINIC 984 Oliver Road (Beside Regional Hospital) Monday, Tuesday, Thursday & Friday – 11:00 A.M.–4:00 P.M.	807-768-1333

RIDGEWAY WALK-IN CLINIC 1001 Ridgeway Street Monday & Friday – 9:30 A.M. – 4:00 P.M. Tuesday to Thursday – 9:00 A.M. – 1:00 P.M. Saturday 10:00 A.M. – 2:00 P.M.

807-622-0601

Westfort Village Health Care Walk In Jansenz Pharmacy 129 Fredricka st W Thunder Bay ON P7E3V8 Wednesday 4-8pm

WHITE CEDAR HEALTH CARE CENTRE WALK-IN CLINIC 125 Vickers Street South Monday to Friday – 9:30 A.M. – 4:30 P.M.

807-475-4357

Please call ahead to confirm availability

MENTAL HEALTH AND COUNSELLING SERVICES

CMHA THUNDER BAY CRISIS AND SUICIDE RESPONSE SERVICE Telephone Services to anyone experiencing a Mental Health Crisis

Thunder Bay **24/7 CRISIS LINE**: **807-346-8282** District / Toll Free **24/7 CRISIS LINE**: **1-888-269-3100**

GOOD2TALK

Free Helpline and Counselling for Post-Secondary Students in Ontario (Focus on ages 17-25)

1-866-925-5454

HOSPICE NORTHWEST GRIEF AND BEREAVEMENT SUPPORT

63 Carrie Street 807-626-5570

www.hospicenorthwest.ca

KELLY MENTAL HEALTH 1216 Dawson Road

Toll free 833-467-0275 807-767-3888

www.kellymentalhealth.com

MAAMAWI COUNSELLING CENTRE

425 Edward Street North 807-622-3884

www.maamawi.ca

NORTHWIND COUNSELLING SERVICES

138 May Street South 807-622-5790

counselling@northwindfm.org

SULLIVAN + ASSOCIATES

960 Alloy Drive

Toll free 888-269-0237 807-768-0660

www.drsullivan.ca

TALK 4 HEALING

A free and cultural safe telephone help line for Aboriginal Women living in Northern Ontario 1-855-554-HEAL www.talk4healing.com

THUNDER BAY COUNSELLING - WALK-IN COUNSELLING CLINIC

Mon & Fri 9-12pm, Tues & Thurs12-3pm Wed 3-6pm

Winnipeg Ave and Lisgar Street locations 807-684-1880 www.tbaycounselling.com/walk-in-counselling 807-343-5000

SEXUAL ABUSE CENTRE THUNDER BAY

385 Mooney Street 807-345-0894 www.tbsasa.org **24/7 CRISIS LINE: 807-344-4502**

WE-CHEE-WAY-WIN CRISIS LINE

Confidential counselling for children and youth

24/7 CRISIS LINE: 1-800-465-2600

For counselling services please call ahead to confirm availability FOOD BANKS

THUNDER BAY FOOD BANK 129 Miles Street East

Limit once a month- Must bring ID with current address Tuesday to Friday – 9:00 A.M. – 11:00 A.M.

Family Giving Center St. Thomas Anglican Church 1400 S Edward St

Open to westfort residents or close to, must show ID, call ahead, open 2 Fridays per month 10:30-11:30am with free community lunch from 11:00-12:00 on those days

Redwood Park Opportunities Center

532 N Edward St

Open every Thursday 9:00am -2:30pm start serving at 12:30

Only northwood and county park residents, Must show ID, 807-577-3463

limit once per month, pick up only

LAKEHEAD COALITION FOOD BANK (TCAP)

392 Waverly Street 807-344-2712

Every 2nd Thursday 1:00 P.M. – 3:00 P.M.

THUNDER BAY CHRISTIAN COMMUNITY CENTRE

132 Dease Street 807-623-8184

Every Tuesday 1:30 P.M.

"PEOPLE THAT LOVE" CRISIS CENTRE 920 Sprague Street
One hamper per family per year.

807-623-3828 or 807-622-7626

COMMUNITY SOUP KITCHENS & MEAL CENTERS

GRACE PLACE
235 Simpson Street
Mondays 1:00 P.M. – 4:00 P.M. (September to June only)
Tuesdays and Wednesdays: 1:00 P.M. – 4:00 P.M.

SHELTER HOUSE THUNDER BAY 420 George Street Everyday: 2:00 P.M. – 3:00 P.M. and 7:00 P.M. – 8:00 P.M.

DEW DROP INN 292 Red River Road

Everyday: 2:00 P.M. - 3:30 P.M.

IN THE NEIGBOURHOOD

RESTUARANTS:

Blue Door Bistro 116 S. Syndicate Ave. (Donald St. Entrance) 807-623-5001

JJ's Family Restaurant 112 Centennial Square (downstairs) 807-622-5211

New York Subway 110 North Brodie St 807-622-0077 Golden Wok Chinese & Vietnamese 106 May St S 807-623-4291

Mandarin Chinese Restaurant 125 Brodie St S, 807-623-1244

Victoria Ville Centre is located across the parking lot which includes a food court and a few Shops, and City Tellers where you can pay for your bills and parking violations. Shoppers Drug Mart is located on Vickers & Arthur St.

Renco Family Foods and Dollarama is also located in Centennial Square for groceries or school/household supplies. We do encourage you to prepare your own meals on campus to alleviate expenses.

There is also a gym located inside the mall – "Thrive"

WHAT IS GPA?

GPA is the acronym for 'Grade Point Average' Remember... it's not ok to just 'pass' the course, you have to look at your GPA too. Here is an example of how it works

A = 4 PTS	A = 80-100	A+ = 90-100% = 4.0
B = 3PTS	B = 70-79.9	A = 80-89% = 4.0
C = 2PTS	C = 60-69.9	B = 70-79% = 3.0
D = 1PT	D = 50-59.9	C = 60-69% = 2.0
F = OPTS	F = LESS THAN 50	D = 50-59% = 1.0
		$\mathbf{F} = 0-49\% = 0$

EXAMPLE FORMULA #1:

COURSE	CREDITS	GRADE	GRADE POINT AVG. (GPA)				
NSW104	3	52% = 1.0	3 CREDITS X 1.0 GRADE POINTS =	3			
NSW110	3	67% = 2.0	3 CREDITS X 2.0 GRADE POINTS =	6			
NSW111	3	56% = 1.0	3 CREDITS X 1.0 GRADE POINTS =	3			
NSW112	3	58% = 1.0	3 CREDITS X 1.0 GRADE POINTS =	3			
NSW116	1	60% = 2.0	1 CREDIT X 2.0 GRADE POINT S=	2			
NSW120	4	65% = 2.0	4 CREDITS X 2.0 GRADE POINTS =	8			
TOTAL:	17			25			
THEREFORE A GRADE POINT AVERAGE (GPA) = 1.47							

^{***} Even with a pass in all courses, you still have **not** achieved the Grade Point Average that is required to graduate.

EXAMPLE FORMULA #2:

COURSE	CREDITS	GRADE	GRADE POINT AVG. (GPA)				
NSW104	3	59% = 1.0	3 CREDITS X 1.0 GRADE POINTS = 3				
NSW110	3	80% = 4.0	3 CREDITS X 4.0 GRADE POINTS = 12				
NSW111	3	89% = 4.0	3 CREDITS X 4.0 GRADE POINT = 12				
NSW112	3	90% = 4.0	3 CREDITS X 4.0124.0 GRADE POINT = 12				
NSW116	1	80% = 4.0	1 CREDIT X 4.0 GRADE POINT = 4				
NSW120	4	86% = 4.0	4 CREDITS X 4.0 GRADE POINT = 16				
TOTAL:	17		59				
THEREFORE A GRADE POINT AVERAGE (GPA) = 3.47							

^{***}Please Note - you may not actually be passing the NSW104 with the grade of 59% because a grade of 60% or more is required. Most cases you will be required to re-take this course.

2020-2021 Year at a Glance

Please use your Personal OSHKI -WENJACK Calendar Planner to input your course schedules, deadlines and important dates.

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Important Dates to Remember:						



www.oshki-wenjack.ca www.facebook.com/oshkianewbeginning

> 106 Centennial Square, 2nd Floor Thunder Bay Ontario P7E 1H3 Phone: 807-626-1880 Fax: 807-622-1818 Toll Free 866-636-7454